



# TURNING POINT COUNSELING SERVICES

WHERE GROWTH BEGINS

## Child and Adolescent Checklist

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_ Today's Date: \_\_\_\_\_ Gender: M/F

School: \_\_\_\_\_ Grade: \_\_\_\_ Person completing this form: \_\_\_\_\_

To help me understand you better, please check the issues that apply to your situation. If there are two people completing this form, please differentiate who has identified the issue. Thank you.

|  | Never | Rarely | Sometimes | Often |
|--|-------|--------|-----------|-------|
| Is unable to give close attention to details                           |       |        |           |       |
| Makes mistakes that appear careless                                    |       |        |           |       |
| Has difficulty paying attention to tasks or play activities            |       |        |           |       |
| Does not seem to listen when spoken to directly                        |       |        |           |       |
| Has difficulty following through on instructions                       |       |        |           |       |
| Has difficulty finishing things  |       |        |           |       |
| Has difficulty organizing activities and things                        |       |        |           |       |
| Loses important things   |       |        |           |       |
| Is forgetful in daily activities                                       |       |        |           |       |
| Fidgets with hands or feet or squirms in seat                          |       |        |           |       |
| Has difficulty remaining in seat during class or meals                 |       |        |           |       |
| Has difficulty playing quietly   |       |        |           |       |
| Has a lot of physical energy, is "busy" or "on the go"                 |       |        |           |       |
| Talks excessively  |       |        |           |       |
| Answers questions before the question is completed                     |       |        |           |       |
| Has difficulty taking turns in conversation or activities              |       |        |           |       |
| Interrupts other people's conversations or activities                  |       |        |           |       |
| Difficulty maintaining eye contact                                     |       |        |           |       |
| Not interested in making or maintaining friendships                    |       |        |           |       |
| Difficulty interpreting or expressing self through language            |       |        |           |       |
| Profound interest in specific things                                   |       |        |           |       |
| Strong preference for predictable routines                             |       |        |           |       |
| Demonstrates repetitive behaviors                                      |       |        |           |       |
| Misses nuance in conversations or interactions with others             |       |        |           |       |
| Uses unconventional terminology for common things                      |       |        |           |       |
| Is very literal in communication and play                              |       |        |           |       |
| Difficulty with even small changes                                     |       |        |           |       |
| Profound interest in the component parts of objects                    |       |        |           |       |
| Skips class or school  |       |        |           |       |
| Stays out at night beyond curfew                                       |       |        |           |       |
| Lies to get benefits or avoid responsibilities                         |       |        |           |       |
| Bullies, threatens, or intimidates others                              |       |        |           |       |
| Has broken into someone else's house, building, or car                 |       |        |           |       |
| Has run away from home and/or stayed out overnight without permission  |       |        |           |       |
| Has stolen items when others were not looking                          |       |        |           |       |
| Has deliberately started fires   |       |        |           |       |
| Has stolen items from others using force                               |       |        |           |       |
| Has deliberately destroyed others' property                            |       |        |           |       |
| Has been physically aggressive or cruel to animals                     |       |        |           |       |
| Has been preoccupied with or involved in sexual activity               |       |        |           |       |
| Has used a weapon of any kind when fighting (stick, rock, knife, etc.) |       |        |           |       |
| Has been physically aggressive or cruel to people                      |       |        |           |       |

|   | Never | Rarely | Sometimes | Often |
|---|-------|--------|-----------|-------|
| Argues with adults  |       |        |           |       |
| Defies or refuses to follow instructions  |       |        |           |       |
| Does things deliberately to annoy others  |       |        |           |       |
| Blames others for own behavior  |       |        |           |       |
| Is easily annoyed by others   |       |        |           |       |
| Appears angry or resentful  |       |        |           |       |
| Takes anger out on others   |       |        |           |       |
| Seeks out revenge, tries to "get even" with others  |       |        |           |       |
| Is worried about performance in school, work, or extracurricular activities   |       |        |           |       |
| Has difficulty controlling worries  |       |        |           |       |
| Is physically restless  |       |        |           |       |
| Is easily annoyed for most of the day   |       |        |           |       |
| Is tense or has difficulty relaxing   |       |        |           |       |
| Has difficulty falling asleep or staying asleep   |       |        |           |       |
| Reports physical problems that are difficult to link to a cause (headaches, upset stomach, breathing changes, etc.)             |       |        |           |       |
| Picks at skin, fingernails, or hair   |       |        |           |       |
| Keeps or hides items that are more typically disposed of (trash, food scraps, items that are of no apparent use or value, etc.) |       |        |           |       |
| Appears sad most of the day   |       |        |           |       |
| Former interests no longer appealing  |       |        |           |       |
| Few, if any, interests  |       |        |           |       |
| Thoughts of death or suicide  |       |        |           |       |
| Low energy or tired for no known reason   |       |        |           |       |
| Feels sad, worthless, guilty, or hopeless   |       |        |           |       |
| Decline in school performance   |       |        |           |       |
| Has little confidence   |       |        |           |       |
| Strong beliefs in or ideas about things that do not appear to be real   |       |        |           |       |
| Feels that other people are trying to harm him/her  |       |        |           |       |
| Sees things that others in the same space could not see   |       |        |           |       |
| Hears voices that give commands that others in the same space could not hear  |       |        |           |       |
| Strongly maintains illogical thoughts or ideas  |       |        |           |       |
| Demonstrates emotions that do not fit the circumstance  |       |        |           |       |
| Preoccupied with fantasy friends or experiences   |       |        |           |       |

Place a check next to any of the following that have happened to you or any immediate family or household members:

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Death of someone close | <input type="checkbox"/> Trauma            | <input type="checkbox"/> Incarceration        |
| <input type="checkbox"/> Major change in health | <input type="checkbox"/> School problems   | <input type="checkbox"/> New child            |
| <input type="checkbox"/> Marriage               | <input type="checkbox"/> Victim of a crime | <input type="checkbox"/> Unemployment         |
| <input type="checkbox"/> Divorce/ separation    | <input type="checkbox"/> Move              | <input type="checkbox"/> Change of Employment |
| <input type="checkbox"/> Abuse                  | <input type="checkbox"/> Death of a pet    |   |

Feel free to include any additional comments: \_\_\_\_\_

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